

POSITIVE DISCIPLINE IN EVERYDAY PARENTING



Joan E. Durrant, Ph.D

FREE 6 WEEK PARENTING COURSE

VIRTUAL PARENTING COURSE

TUESDAY'S STARTING
NOV 8th - DEC 13th 9am-11:30am

OR

TUESDAY'S STARTING
NOV 8th - DEC 13th 12PM– 2:30pm

IN-PERSON PARENTING COURSE

THURSDAY'S STARTING
NOV 10th - DEC 15th 5pm-7:30pm

**Please register for either virtual Tuesday sessions OR
Thursday in-person sessions**

The focus of Positive Discipline:

- increasing parent's knowledge of child development
- increasing parent's understanding of children's perspectives
- improving parent-child communication
- strengthening parent-child relationships
- enhancing parent's problem solving skills
- promoting emotional self-regulation of both parents and children

TO REGISTER FOR THIS COURSE PLEASE
CONTACT MATTHEW RICCIO AT
RICCIOM@BETTERBEGINNINGSSUDBURY.CA



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