

POSITIVE DISCIPLINE IN EVERYDAY PARENTING



Joan E. Durrant, Ph.D

FREE 4 WEEK PARENTING COURSE

IN-PERSON PARENTING COURSE

TUESDAY'S STARTING
AUG 2nd– AUG 23rd– 12pm-3pm

VIRTUAL PARENTING COURSE

WEDNESDAY'S STARTING
AUG 3rd –AUG 24th 9am-12pm

**Please register for either Tuesday in-person sessions OR
Wednesday virtual sessions**

The focus of Positive Discipline:

- increasing parent's knowledge of child development
- increasing parent's understanding of children's perspectives
- improving parent-child communication
- strengthening parent-child relationships
- enhancing parent's problem solving skills
- promoting emotional self-regulation of both parents and children

TO REGISTER FOR THIS COURSE PLEASE
CONTACT JESSICA MAISONNEUVE AT
JESSICAM@BETTERBEGINNINGSSUDBURY.CA



Ontario
Trillium Foundation



Fondation Trillium
de l'Ontario