

POSITIVE DISCIPLINE IN EVERYDAY PARENTING



Joan E. Durrant, Ph.D

FREE VIRTUAL PARENTING COURSE

MONDAY'S STARTING FROM JAN 17th –FEB 21st 10am-1pm

OR

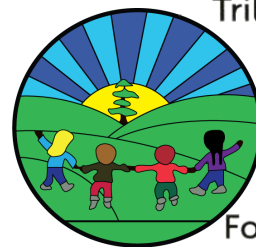
WEDNESDAY'S STARTING FROM JAN 19th –FEB 23rd 1pm-4pm

Please register for either Monday sessions **OR** Wednesday sessions

The focus of Positive Discipline:

- increasing parent's knowledge of child development
- increasing parent's understanding of children's perspectives
- improving parent-child communication
- strengthening parent-child relationships
- enhancing parent's problem solving skills
- promoting emotional self-regulation of both parents and children

TO REGISTER FOR THIS COURSE PLEASE
CONTACT JESSICA MAISONNEUVE AT
JESSICAM@BETTERBEGINNINGSSUDBURY.CA



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